



PATIENT MEDICAL AND FAMILY HISTORY

PATIENT NAME (LAST, FIRST, MI) \_\_\_\_\_ DATE \_\_\_\_\_

REASON FOR THIS EVALUATION (What specific questions do you want answered?)

DO YOU HAVE ANY ALLERGIES?  YES  NO

If yes, please list: \_\_\_\_\_

ALLERGY to IODINE or SHELLFISH?  YES  NO ALLERGY to IVP DYE?  YES  NO

PLEASE LIST ALL PREVIOUS SURGICAL PROCEDURES: Continue on BACK if needed

Procedure: \_\_\_\_\_ Year: \_\_\_\_\_

Procedure: \_\_\_\_\_ Year: \_\_\_\_\_

Procedure: \_\_\_\_\_ Year: \_\_\_\_\_

Procedure: \_\_\_\_\_ Year: \_\_\_\_\_

Have you EVER had any of the following Cardiac Procedures?

- STRESS TEST OF ANY KIND  YES  NO Month/Year: \_\_\_\_\_
ECHOCARDIOGRAM  YES  NO Month/Year: \_\_\_\_\_
ULTRASOUND OF THE LEGS  YES  NO Month/Year: \_\_\_\_\_
CAROTID ULTRASOUND  YES  NO Month/Year: \_\_\_\_\_
RENAL ULTRASOUND  YES  NO Month/Year: \_\_\_\_\_
CARDIAC CATH  YES  NO Month/Year: \_\_\_\_\_
PTCA (ANGIOPLASTY)  YES  NO Month/Year: \_\_\_\_\_
STENTS  YES  NO Month/Year: \_\_\_\_\_
CORONARY ARTERY BYPASS  YES  NO Month/Year: \_\_\_\_\_
PACEMAKER IMPLANT  YES  NO Month/Year: \_\_\_\_\_
DEFIBRILLATOR IMPLANT  YES  NO Month/Year: \_\_\_\_\_
ABLATION  YES  NO Month/Year: \_\_\_\_\_
VALVE REPAIR  YES  NO Month/Year: \_\_\_\_\_
VALVE REPLACEMENT  YES  NO Month/Year: \_\_\_\_\_

If Yes,  Mechanical or  Pig Valve

Have you EVER had any of the following?

- DIABETES  YES  NO GOUT  YES  NO
ANEMIA  YES  NO ARTHRITIS  YES  NO
STROKE  YES  NO HIATAL HERNIA  YES  NO
CHEST PAIN  YES  NO ULCER  YES  NO
PALPITATIONS  YES  NO GALLBLADER DISEASE  YES  NO
HEART MURMUR  YES  NO THYROID DISEASE  YES  NO
ABNORMAL EKG  YES  NO KIDNEY DISEASE  YES  NO

<b>RHEUMATIC FEVER</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<b>LIVER DISEASE</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO
<b>HIGH BLOOD PRESSURE</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<b>BOWEL DISEASE</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO
<b>BREATHING DIFFICULTY</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<b>CANCER</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO
<b>LIGHTHEADED/DIZZY</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<b>SKIN LESSIONS</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO
<b>HEART ATTACK</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<b>PSYCHIATRIC DISEASE</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO
<b>HIGH CHOLESTEROL</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<b>UNEXPLAINED WEIGHT</b>	<input type="checkbox"/> YES	<input type="checkbox"/> NO

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Do you currently use or have you previously used TOBACCO?  YES  NO

If YES, what type? (Please circle one)      Cigarette                      Pipe                      Cigar                      Dip/Chew

If CURRENT User: How many years? \_\_\_\_\_ How many packs/amount per day? \_\_\_\_\_

If FORMER User: Age Started: \_\_\_\_ /Age Stopped: \_\_\_\_ How many packs/amount per day? \_\_\_\_\_

Do you drink ALCOHOL?  YES  NO

If YES, how often? (Please circle one)      Everyday                      Occasional                      Never

Do you drink CAFFEINE?  YES  NO

If YES, how often? (Please circle one)      Everyday                      Occasional                      Never

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### FAMILY HISTORY

Father Living?  YES  NO Age or Age @ Death: \_\_\_\_\_ Cause of Death? \_\_\_\_\_  
Any Illnesses? \_\_\_\_\_

Mother Living?  YES  NO Age or Age @ Death: \_\_\_\_\_ Cause of Death? \_\_\_\_\_  
Any Illnesses? \_\_\_\_\_

How many Brothers are living? \_\_\_\_\_ How many Brothers are deceased? \_\_\_\_\_  
Any Illnesses? \_\_\_\_\_ Age/Cause of Death? \_\_\_\_\_

How many Sisters are living? \_\_\_\_\_ How many Sisters are deceased? \_\_\_\_\_  
Any Illnesses? \_\_\_\_\_ Age/Cause of Death? \_\_\_\_\_

How many Sons are living? \_\_\_\_\_ How many Sons are deceased? \_\_\_\_\_  
Any Illnesses? \_\_\_\_\_ Age/Cause of Death? \_\_\_\_\_

How many Daughters are living? \_\_\_\_\_ How many Daughters are deceased? \_\_\_\_\_  
Any Illnesses? \_\_\_\_\_ Age/Cause of Death? \_\_\_\_\_

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### ACTIVITY HISTORY

What kind of exercise do you do?

\_\_\_\_\_

\_\_\_\_\_

What is your main hindrance (if any) to exercising?

\_\_\_\_\_

\_\_\_\_\_